



















EN FR ES

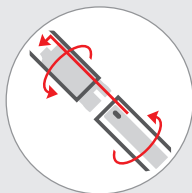
TREKKING

summer 2024

TECHNICAL AREA

<p>N.C.S.</p> <p> N.C.S. Nordic Click System - quick nordic strap release.</p>	<p>T.P.L.</p> <p> Top Performance Locking Internal locking system with two points of friction.</p>	<p>CARBON</p> <p> Light and resistant carbon shafts.</p>
<p>CORK</p> <p> Grip in true natural cork.</p>	<p>L.L.S.</p> <p> Light Locking System Internal locking system.</p>	<p>REFLEX</p> <p> Reflective – Visibility and Safety.</p>
<p>FAST LOCK</p> <p> Fast and safe external locking system, ideal for low temperatures.</p>	<p>ALOCs</p> <p> Aluminum oxide coating surface protection.</p>	<p>CARBIDE</p> <p> Carbide tip.</p>
<p>A.I.</p> <p> Anti Impact Absorbs harmful vibrations.</p>	<p>WIRED</p> <p> Quick folding system for a very compact pole</p>	<p>ACTIVE TIP</p> <p> High performance tip for the perfect grip on every surface.</p>
<p>U-LOCK</p> <p> Ultra Lock High performance locking system with aluminum lever.</p>	<p>S-CARBON</p> <p> Snake Carbon Special high module carbon fiber with special geometry.</p> <p>MULTI</p> <p> Dual locking system</p>	<p>T.C.S.</p> <p> Top Click System: a rapid release system for simple and secure strap adjustment that also allows for easy strap replacement.</p> <p>* Patented</p>

TWIST LOCK



EN

Twist Lock makes your poles compact! This locking system is operated through two simple, easy and intuitive steps. Just rotate by 90° degrees the lower section towards the open lock icon. Follow the instructions on the stick (open / closed padlock). In correspondence of the open lock, pulling outward, the lower section will be released from the top one. Once the lower section is released, this can be turned toward the upper one, making the stick compact. To put it back together, you just need to reinsert the lower section into the upper one, then rotate it toward the closed lock, with a 90° rotation. Once the different sections are locked, you can use your stick normally. The Twist Lock is interchangeable.

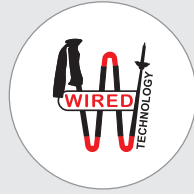
FR

Twist Lock rend vos bâtons compacts! Ce système de fermeture est actionné à travers deux pas simples, faciles et intuitifs. Il suffit de tourner de 90 degrés la partie inférieure vers l'icône ouvert. Suivez les instructions sur le bâton (cadenas ouvert / fermé). Dans correspondance de la serrure ouverte, tirant vers l'extérieur, la partie inférieure peut être libéré de celui en haut. Une fois que la section inférieure est libérée, elle peut être tournée vers le haut, faisant le bâton compact. Pour le remettre ensemble, il suffit de réinsérer la partie inférieure dans la partie supérieure, puis faites-la pivoter vers le verrou fermé, avec une rotation de 90°. Une fois les différents les sections sont verrouillées, vous pouvez utiliser votre baton normalement. Le Twist Lock est interchangeable.

ES

Twist lock hace que el tu bastón sea compacto! Este sistema de bloqueo puede ser operado con dos gestos simples e intuitivos. Solo necesitas actuar sobre el tubo superior del palo girando de 90° el tramo inferior y seguir las indicaciones gráficas en el tubo (candado abierto / cerrado). En correspondencia del símbolo del candado abierto, tirando hacia afuera, el tramo inferior se liberará desde el tramo superior. Una vez desenganchado, el tramo inferior podrá ser plegado sobre el superior y el bastón será compacto. Para devolverlos juntos, solo necesitas reinsertar el tramo inferior en el superior y luego girarlo hacia el símbolo del candado cerrado con una rotación de 90°. Una vez que las diferentes secciones están bloqueadas, puedes usar tu palo normalmente.

WIRED TECHNOLOGY



EN

The innovative technology WIRED will allow you to collapse your pole, using a simple button.

The different pole's sections are connected with a high-strength cable.

The advantage of this technology is having a pole very compact, light, less bulky and easy to carry.

FR

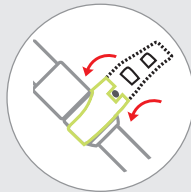
La technologie innovante WIRED vous permettra de plier votre bâton, en utilisant simplement un bouton. Les différentes sections du bâton sont reliées entre elles par un câble. L'avantage de cette technologie est d'avoir un bâton compact, léger et facilement transportable.

ES

La innovadora tecnología WIRED te permitirá doblar tu bastón después de su uso presionando un simple botón para ocupar el menor espacio posible. Los diferentes tramos del bastón, están unidos por un cable de acero recubierto de plástico. La ventaja de esta tecnología es obtener un palo compacto, ligero, no voluminoso y fácilmente transportable.



MONO LOCK



ENG

Monolock is the latest development of the Gabel Fast Lock systems, based on the principle of the adjustable clamp. The evolution of the materials has made it possible to make the design minimalistic, with fewer moving parts and a clamping capacity further increased by 20%, compared to the previous generation.

The small size improves the look of the poles without affecting their practicality, as the clamping lever and the adjustment wheel remain of an ergonomic shape and size, and can also be used with gloves.

FRA

Monolock est le dernier développement des systèmes Gabel Fast Lock, basé sur le principe de la pince à tension réglable.

L'évolution des matériaux a permis de rendre le design minimaliste, avec moins de pièces mobiles et une capacité de serrage encore augmentée de 20% par rapport à la génération précédente.

La petite taille améliore la ligne des bâtons sans affecter leur praticité, car le levier de serrage et les roues de réglage restent de forme et de taille ergonomiques, et peuvent également être utilisés avec des gants.

ES

Monolock es la última creación de los sistemas Fast Lock de Gabel, basado en el principio de la abrazadera con tensión ajustable.

La evolución de los materiales ha permitido que el diseño sea minimalista, con menos piezas móviles y una capacidad de sujeción aumentada de un 20% más respecto a la generación anterior.

El pequeño tamaño mejora la línea de los bastones sin afectar su practicidad, ya que la palanca de sujeción y las ruedas de ajuste siguen siendo ergonómicas en forma y tamaño, y también se pueden usar con guantes.



SNAKE CARBON



EN

The recent "Snake Carbon" technology applied to the latest models developed by Gabel combines the excellent resistance of high modulus carbon fibre with a distinctive geometric structure, adding an innovative type of crystallisation technology. This process allowed to make the tubes 20% lighter, as well as boosting resistance by 18%. The combination of HD technologies with these new processes and materials has thus allowed us to introduce an outstanding new product onto the market.

FRA

La récente technologie "Snake Carbon" appliquée aux derniers modèles conçus par Gabel unit la grande résistance du tissu en carbone haut module à une structure géométrique spéciale, ajoutée à une innovante technologie de cristallisation. Ce processus a permis la réduction du poids des tubes d'environ 20% en augmentant leur résistance de 18%. Et donc, l'union des technologies HD à ces nouveaux processus et matériaux nous a permis d'introduire sur le marché, une nouveauté de très haut.

ES

La reciente tecnología "Snake Carbon" aplicada a los últimos modelos desarrollados por Gabel, combina la alta resistencia de la fibra de carbono de alto módulo con una estructura geométrica particular añadiendo una innovadora tecnología de cristalización. Este proceso ha permitido producir tubos que son un 20% más ligeros y al mismo tiempo un 18% más resistentes. Entonces la combinación de tecnologías de alta definición con estos nuevos procesos y materiales, nos ha permitido introducir un nuevo producto excepcional en el mercado.

N.C.S. GLOVE



EN

NCS SYSTEM: integrated strap and glove. Combining the C.P.S. system with the glove allows levels of comfort hitherto unimaginable, allowing you to push evenly down with your whole hand and thus avoiding stress points. The sensation of lightness and well being facilitates the natural movement of the NW, boosting the athlete's performance.

FR

Système de sangle et gant intégré avec système NCS. Avec le C.P.S. combiné avec le gant vous atteignez un niveau de confort jusqu'alors unimaginable. La répartition de la poussée se produit uniformément sur toute la main en évitant les points de stress éternant. La sensation de légèreté et de bien l'être qui en découle facilite

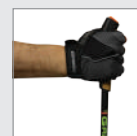
le mouvement naturel du Nordic Walking, en augmentation par conséquent, la durée du geste athlétique.

ES

Sistema integrado dragonera-guante con sistema NCS (nordic click system). Combinado con el sistema C.P.S. combinado con el guante, se alcanza un Nivel de confort hasta ahora inimaginable. El empuje se distribuye uniformemente en toda la mano evitando puntos de estrés molestos. El sentimiento de bienestar y la ligereza que se produce, favorece el movimiento natural del NW aumentando así la duración del rendimiento atlético.



1



2



3



4

N.C.S. STRAP



1

Push the plastic edge till the end of the hole (you will hear a click).

Poussez l'extrémité en plastique jusqu'à la fin du trou (vous entendrez un clic).

Inserte completamente la cabeza de plástico de la dragonera en el agujero de la empuñadura (debes escuchar un "clic").

2

The strap is now fixed.

Maintenant la dragonne est fixée.

La dragonera ahora está arreglada a

la empuñadura.

3

Release your hand from the pole by pushing the top N.C.S. button.

Relâchez votre main du bâton en appuyant sur le bouton en haut.

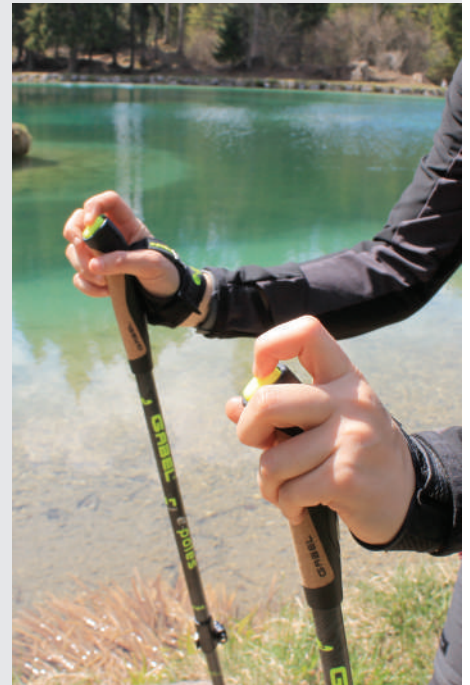
Presione el botón en la parte superior de la empuñadura para liberar la dragonera.

4

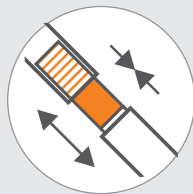
Your hand is now free!

Maintenant votre main est libre!

¡Tu mano ahora está libre!



ANTI IMPACT



ANTI IMPACT
ON/OFF SPRING SYSTEM

EN

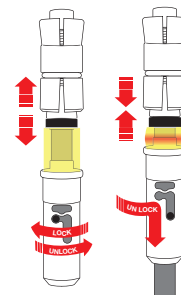
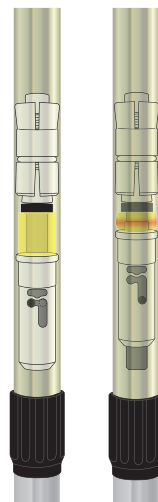
The anti-impact system patented by Gabel absorbs at its maximum and vibrations caused by the collision with the ground and eliminates the transmission of the bad vibrations (lower than 100Hz). Gabel Anti-Impact: the best comfort you can ask for.

FR

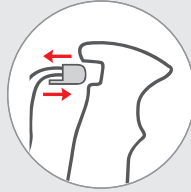
Le système anti-choc breveté par Gabel absorbe au maximum les vibrations provoquées par la collision avec le sol et élimine la transmission des mauvaises vibrations (plus faibles à 100 Hz). Gabel Anti-Impact: le meilleur confort que vous puissiez demander.

ES

Anti-Impact patentado por Gabel, absorbe lo más posible el impacto del palo con el suelo, eliminando de manera efectiva la transmisión de vibraciones inferiores a 100Hz que son dañinas para la salud. Gabel Anti-Impact: el mejor confort que puedes pedir.



T.C.S. AUTOMATIC TOP CLICK SYSTEM



EN

A quick-release system allowing simple and secure strap adjustment, and also very easy replacement.

FR

Système de déclenchement instantané qui permet un réglage simple et sûr de la dragonne et en permet le remplacement avec extrême facilité.

ES

Sistema de liberación instantánea que permite un ajuste simple y seguro de la dragonera y permite su reemplazo con extrema facilidad.

REMOVABLE AUTOMATIC STRAP ADJUSTMENT



EN

Pull the strap upwards, in order to open the top part of the grip

FR

Tirez le gantelet en haut, en ouvrant la partie supérieure de la poignée

ES

Tire de la correa hacia arriba para abrir la parte superior de la empuñadura

EN

Pull the top of the strap to enlarge it

FR

Tirez la partie supérieure du gantelet

ES

Tire del borde inferior de la correa para acortarla.

EN

Pull the lower edge of the strap to make it shorter

FR

Pour réduire la largeur du gantelet tirez la partie inférieure

ES

Tire del borde inferior de la correa para acortarla.



Washable strap
Passamano lavabile
Waschbare Schlaufe

ERGO FIT



EN

The Ergo Fit grip has been designed with bio-mechanic in mind, for the maximum ergonomics, lightness and practicality.

It has been developed to offer the same ergonomic regardless the the hand grip position, fitting every condition.

It is also extremely practical, due to the easy adjustment and removal of the washable strap, without any tool, thanks to the TCS (Gabel Patent).

FR

Conçu après des études biomécaniques minutieuses, la poignée Ergo Fit allie ergonomie, légèreté et praticité.

Elle est en effet conçue pour maintenir une ergonomie maximale même avec des prises différentes, s'adaptant à toutes les situations.

Elle est également extrêmement pratique car il abrite le brevet Gabel TCS, pour ajuster et retirer la sangle lavable sans aucun outil.

ES

Diseñado después de cuidadosos estudios biomecánicos, el mango Ergo Fit combina ergonomía, ligereza y practicidad.

De hecho, está diseñado para mantener la máxima ergonomía incluso con diferentes posiciones de agarre, adaptándose a todas las situaciones.

También es extremadamente práctico gracias a la patente Gabel TCS, que permite ajustar y quitar la correa lavable sin el uso de herramientas.



NEW



16 PA

T.C.S.



U-LOCK



MULTI



S-CARBON



KEVLAR



SOFT



ULTRA LIGHT



T.P.L.



CARBIDE



CARBON FORCE F.L.K.
Snake Carbon
700865012

Size

217 g / 7.65 oz
66-142 cm / 26"-57"

Material

S-Carbon 100 + Kevlar
Ø 16/14/12 mm

Grip

01/28 + 01/56
Ergo Lite + Touring

Strap

02/70 Tech Lite

Basket

03/37F + 03/54F

TR + Ski Alp

Tip

05/5 + 08/15

Multi Fit + Carbide

Optional

Basket - 03/39 Ø120



03/54 Ø90

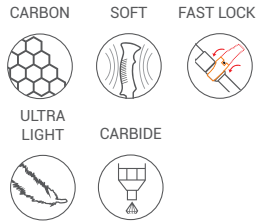


03/37 Ø38



OPTIONAL
03/39 FG
Ø120





IBEX XTS
700940021

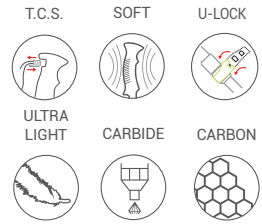
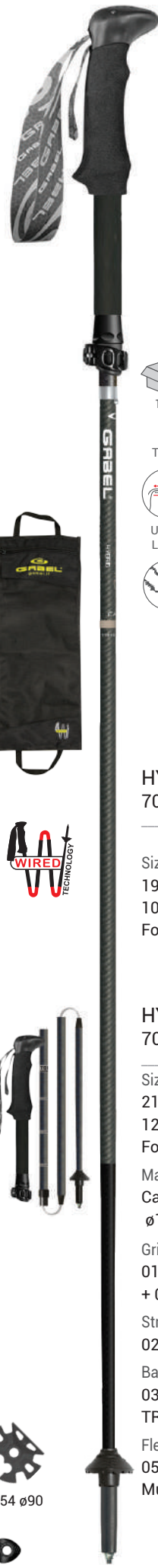
Size
176 g / 6.20 oz
105-120 cm / 41"-47"
Folded Size 34cm/15"

IBEX XTL
700940011

Size
189 g / 6.66 oz
116-135 cm / 46"-53"
Folded Size 36cm/17"
Material
Carbon 3k - \varnothing 18/16/14 mm
Grip
01/47 Ultra-Lite
Strap
02/70 Tech Lite
Basket
03/37F TR
Flex Tip+Tip
05/15 + 08/15
Vario Fit + Carbide



03/37 \varnothing 38



HYBRID CARBON XTS
7009400400000

Size
197 g / 6.94 oz
105-125 cm / 41"-49"
Folded Size 34cm/15"

HYBRID CARBON XTL
7009400300000

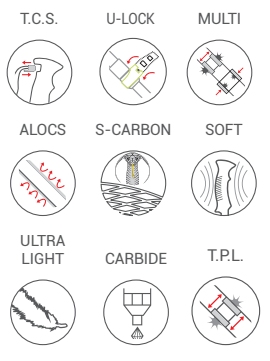
Size
212 g / 7.47 oz
120-140 cm / 47"-55"
Folded Size 36cm/17"
Material
Carbon 3K+Alu 7075
 \varnothing 18/16/14 mm
Grip
01/45 Ergo Fit
+ 01/81 Foam Touring
Strap
02/70 Tech Lite
Basket
03/37F + 03/54 \varnothing 90
TR + Ski Alp
Flex: Tip+Tip
05, 5 + 08/15
Multi Fit + Carbide



03/54 \varnothing 90



03/37 \varnothing 38



MULTIGRIP CARBON EF
Snake Carbon + Alu
700945033

Size
255g / 9.00 oz
66-144 cm / 26"-58"

Material
S-Carbon 100 - AluF60
Ø 18/16/14 mm

Grip
01/45 Ergo Fit + 01/58 Touring

Strap
02/70 Tech Lite

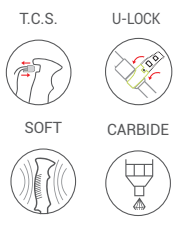
Basket
03/1F - 03/27F
Power Race + S.S. Power

Tip
05/5 + 08/15
Multi Fit + Carbide

Optional
Basket - 03/39 Ø120



OPTIONAL
03/39 FG
Ø120



FR-5 FL LITE XTS
700939170

Size
243 g / 8.57 oz
105-125 cm / 42"-50"
Folded Size 34cm/15"

FR-5 FL LITE XTL
700939180

Size
260 g / 9.17 oz
120-140 cm / 45"-57"
Folded Size 38cm/17"

Material
ALU F60 - Ø18/16/14 mm

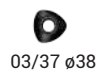
Grip
01/28 Ergo Lite + 01/82 Touring

Strap
02/70 tech lite

Basket
03/37F + 03/54F
TR + Ski Alp

Flex Tip+Tip
05/5 + 08/15
Multi Fit + Carbide

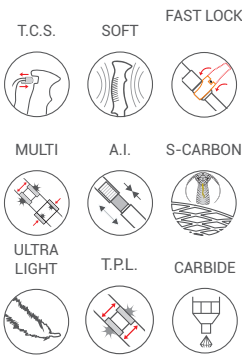
Optional
Basket - 03/39 Ø120



OPTIONAL
03/39 FG
Ø120



NEW



**ESCAPE CARBON
XT TOUR A.I.**
Snake Carbon + Alu
700845193

Size
229 g / 8.07 oz
65/142 cm / 26"/57"

Material
S-Carbon 100 - AluF60
Ø 16/14/12 mm

Grip
01/28 Ergo Lite + 01/76 Touring
Strap
02/70 Tech Lite

Basket
03/37F + 03/54F
Trekking Lite + Ski Alp

Tip
05/5 + 08/15
Multi Fit + Carbide

Optional
Basket - 03/39 Ø120

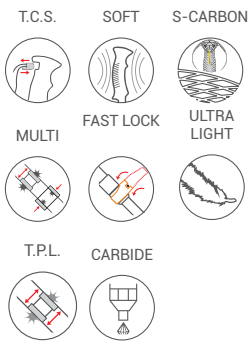




NEW



18 PA



ESCAPE CARBON TOUR
Snake Carbon + Alu
700845192

Size
215 g / 7.58 oz
65/142 cm / 26"/57"

Material
S-Carbon 100 - AluF60
Ø 16/14/12 mm

Grip
01/28 Ergo Lite + 01/76 Touring
Strap
02/70 Tech Lite

Basket
03/37F + 03/54F

Trekking Lite + Ski Alp

Tip
05/5 + 08/15

Multi Fit + Carbide

Optional
Basket - 03/39 ø120



03/54 ø90



03/37 ø38



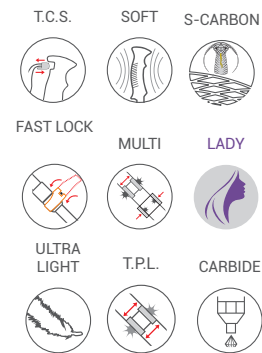
OPTIONAL
03/39 FG
ø120



NEW



18 PA



ESCAPE CARBON LITE TOUR
Snake Carbon + Alu
700847310

Size
200 g / 7.05 oz
59/131 cm / 24"/52"

Material
S-Carbon 100 - AluF60
Ø 16/14/12 mm

Grip
01/28 Ergo Lite + 01/76 Touring
Strap
02/70 Tech Lite

Basket
03/37F + 03/54F

TR + Ski Alp

Tip
05/15 + 08/15

Vario Fit + Carbide

Optional
Basket - 03/39 ø120



03/54 ø90



03/37 ø38



OPTIONAL
03/39 FG
ø120



Optional



37 cm

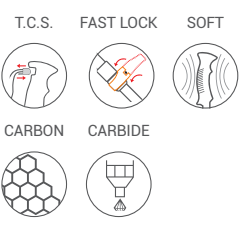


05/34 ø11

03/51 ø87

03/40F ø35

OPTIONAL 03/39 FC



XTR CARBON EF
700839282

Size
267g / 9.41 oz
110cm - 130cm / 44" - 52"
Folded Size
37cm/15"

Material
Carbon/ Alu 7075-T6
ø18/16/14mm

Grip
01/45 Ergo Fit

Strap
02/70 Tech Lite

Basket
03/40F 35mm
03/51 large 87mm

Tip
05/51 Carbide
05/34 Tip Protector

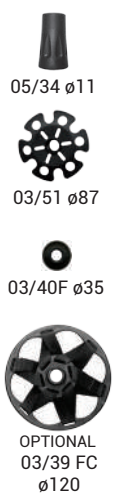
Optional
Adjustable trekking bag
Basket - 03/39 ø120



Optional



37 cm

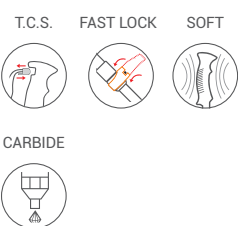


05/34 ø11

03/51 ø87

03/40F ø35

OPTIONAL 03/39 FC ø120



FR-3 EF
700939192

Size
294g / 10.3 oz
110cm - 130cm / 44" - 52"
Folded Size / 37cm/15"

Material
ALU F60 - ø18/16/14 mm

Grip
01/45 Ergo Fit + 01/81 Touring

Strap
02/63 LG
Comfort automatic TCS

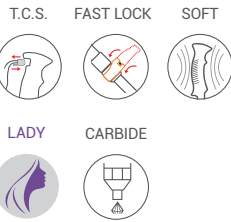
Basket
03/40F small ø35mm
03/51 large ø87mm

Tip
05/51 Carbide
05/34 Tip Protector

Optional
Adjustable trekking bag
Wired bag
Basket - 03/39 ø120



NEW



FR-3 EF LITE
700939193

Size
290g / 10.22 oz
105cm - 125cm / 42" - 50"
Folded Size / 37cm/15"

Material
ALU F60 - \varnothing 18/16/14 mm

Grip
01/45 Ergo Fit + 01/81 Touring

Strap
02/70 Tech Lite

Basket
03/40F small \varnothing 35mm
03/51 large \varnothing 87mm

Tip
05/51 Carbide
05/34 Tip Protector

Optional
Adjustable trekking bag
Wired bag
Basket - 03/39 \varnothing 120



Optional



35 cm



05/34 \varnothing 11



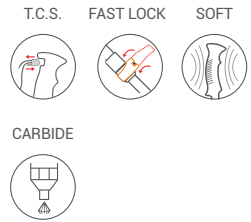
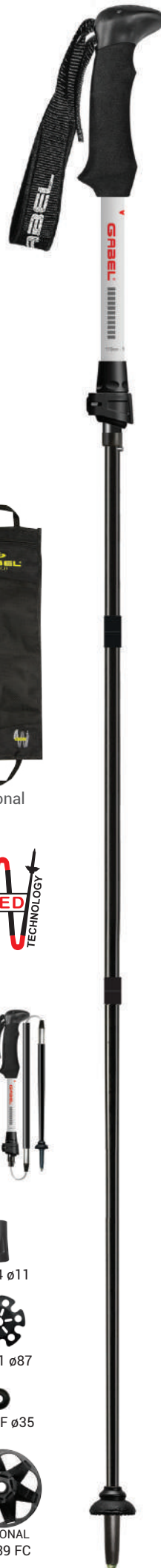
03/51 \varnothing 87



03/40F \varnothing 35



OPTIONAL
03/39 FC
 \varnothing 120



XTR ALU EF
700839273

Size
280g / 9.87 oz
110cm - 130cm / 44" - 52"
Folded Size / 37cm/15"

Material
Alu F60 - \varnothing 18/16/14mm

Grip
01/45 Ergo Fit

Strap
02/63 LG
Comfort automatic TCS

Basket
03/40F small \varnothing 35mm
03/51 large \varnothing 87mm

Tip
05/51 Carbide

Optional
Adjustable trekking bag
Wired bag
Basket - 03/39 \varnothing 120



Optional



37 cm



05/34 \varnothing 11



03/51 \varnothing 87



03/40F \varnothing 35



OPTIONAL
03/39 FC



Fusion series

6 different activities in 1 pole

1



nordic walking



N.C.S Comfort
02/36



Sport pad - 05/33



TR 03/37 ø38

2



trail running



NCS Adjustable
02/18



TR 03/37 ø38

3



snow shoeing



NCS Adjustable
02/18



S. S. Power
03/27 F ø90

4



alpine touring



NCS Adjustable
02/18



S. S. Power
03/27 F ø90

5



alpine skiing

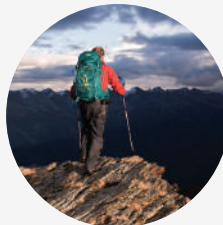


NCS Adjustable
02/18



Power Race
03/1F ø 50

6



trekking hiking



NCS Adjustable
02/18



TR 03/37 ø38

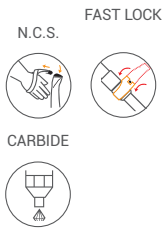


Tip Protector
05/36 ø11

NEW



16 PA



FUSION WIRED
700836161

- Size
295 g / 10.4 oz
110-130 cm / 44"-52"
Folded Size / 37cm/15"
- Material
ALU F60 - Ø 18/16/14 mm
- Grip
01/25 Dual Tech
- Strap
02/36 NCS Comfort
02/18 NCS Adjustable
- Basket
03/1F Power Race
03/27F S.S.Power
03/37F TR
- Tip
05/15 + 08/15
Vario Fit + Carbide
- Walking pad
05/33 Sport pad
05/36 Tip Protector
- Optional
Basket - 03/39 FG Ø12



02/18



03/27 Ø90



03/37 Ø38



03/1 Ø50



03/33



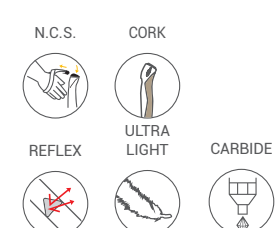
05/36



OPTIONAL
03/39 FG



16 PA



FUSION CORK-TECH
700836151

- Size
247 g / 8.71 oz
59-130 cm / 24"-52"
- Material
ALU F56 - Ø 16/14/12 mm
- Grip
01/37
Dual Cork
- Strap
02/36 NCS Comfort
02/18 NCS Adjustabl
- Basket
03/1F Power Race
03/27F S.S.Power
03/37F TR
- Tip
05/15 + 08/15
Vario Fit + Carbide
- Walking pad
05/33 Sport pad
05/36 Tip Protector
- Optional
Basket 03/39 FG



02/18



03/27 Ø90



03/37 Ø38



03/1 Ø50



03/33



05/36



OPTIONAL
03/39 FG



Moss 700844510



Ice 700844520



20 PA

T.C.S.



SOFT



FAST LOCK



CARBIDE



MULTI



MONT BLANC TOUR
700844550 black

Size
272 g / 9.59 oz
66-144cm / 26"-58"

Material
ALU F56 - Ø 18/16/14 mm

Grip
01/45 Ergo Fit + touring 01/81

Strap
02/70 Tech Lite

Basket
03/37F + 03/54F
TR + Ski Alp

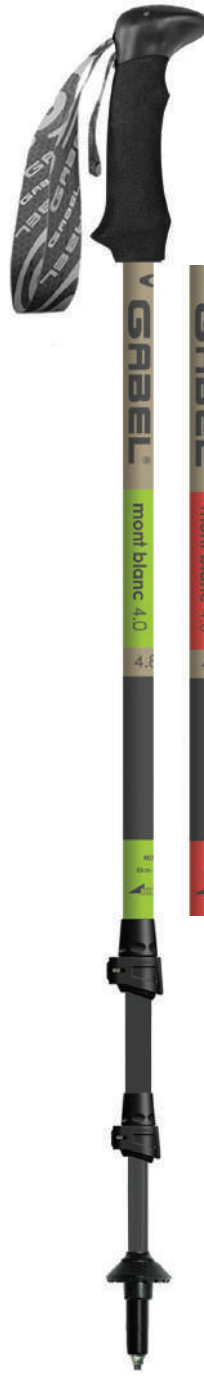
Tip
05/5 + 08/15
Multi Fit + Carbide



03/54 ø90



03/37 ø38



Red 700843240



24 PA

ULTRA LIGHT



FAST LOCK



SOFT



T.C.S.



ALOCS



CARBIDE



MONT BLANC 4.0
700843230 Green

Size
244g / 8.61 oz
66-142 cm / 26"-56"

Material
ALU F56 - Ø 16/14/12 mm

Grip
01/45 Ergo Fit

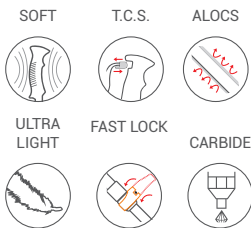
Strap
02/70 Tech Lite

Basket
03/37F TR

Tip
05/15 + 08/15
Vario Fit + Carbide



03/37 ø38



MONT BLANC F.L. 4.0 WHITE
700843260

Size
220 g / 7.76 oz
60-130 cm / 24"-52"

Material
ALU F56 - Ø 16/14/12 mm

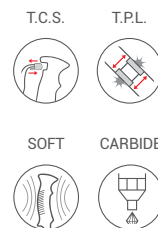
Grip
01/45 Ergo lite

Strap
02/70 Tech Lite

Basket
03/37F TR

Tip
05/15 + 08/15
Vario Fit + Carbide

03/37 ø38



MONT BLANC LITE
70094306 black

Size
250 g / 8.81 oz
64-143cm / 25"-56'

Material
ALU F56 - Ø 18/16/14 mm

Grip
01/29

Dual Lite

Strap
02/11LG

Comfort Automatic TCS

Basket
03/37F TR

Tip
05/15 + 08/15
Vario Fit + Carbide

03/37 ø38



FAST LOCK

ULTRA LIGHT

JUNIOR



ENERGY F.L.
700740050

Size

187 g / 6.59 oz
70-108cm / 28"-43"

Material

ALU F45 - Ø 16/14 mm

Grip

01/1G
Mid Size Soft

Strap

02/16-1
Jr Adjustable

Basket

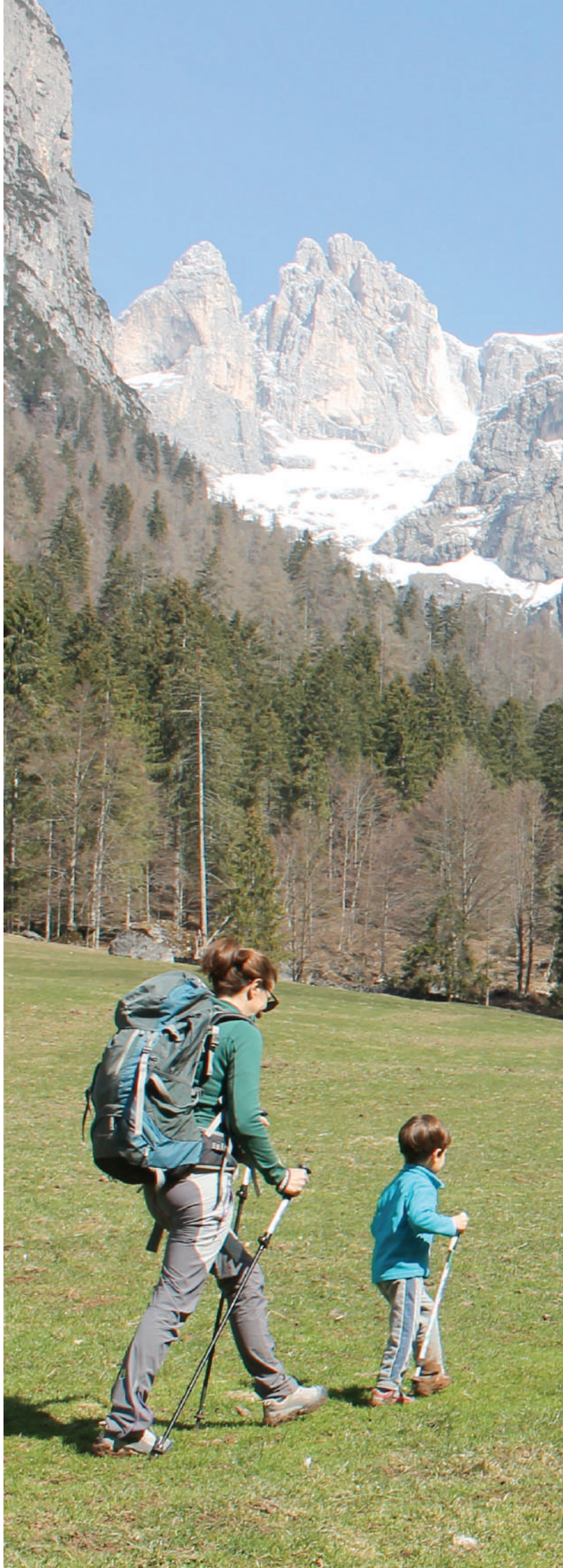
03/1F
Performance Disc

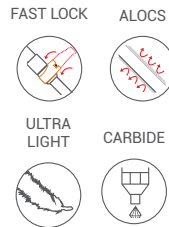
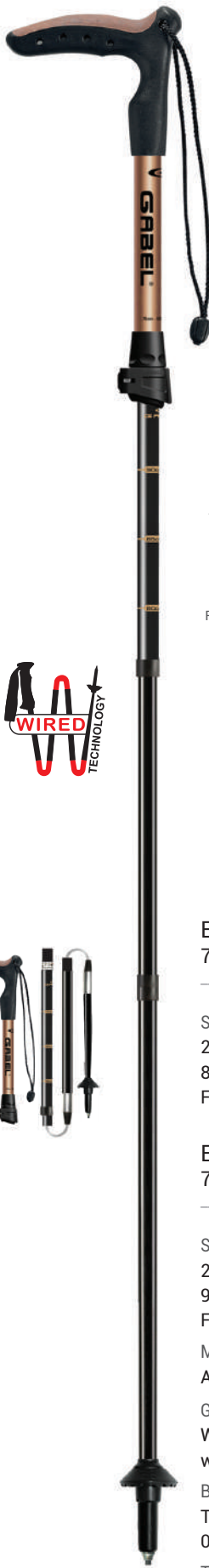
Tip

05/15 + 08/8
Vario Fit + Steel



03/1 ø50





EXPLORER WIRED F.L. XTS
700848040

Size
230 g / 8.11 oz
80-95cm / 31"-38"
Folded Size / 32cm/13"

EXPLORER WIRED F.L. XTL
700848050

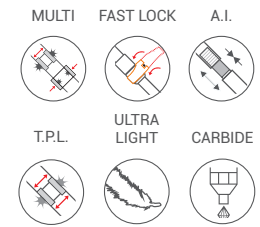
Size
230 g / 8.11 oz
97-110cm / 38"-44"
Folded Size / 35cm/14"

Material
ALU F56 - Ø 18/16/14 mm

Grip
Walking Dual Cork
with strap 01/33

Basket
TR
03/37 F

Tip
Vario Fit + Carbide
05/15 + 08/15
Tip protector 05/7



VOYAGER A.I.
700848020

Size
230 g / 8.11 oz
56-110cm / 22"-44"

Material
ALU F56 - Ø 18/16/14 mm

Grip
Walking Dual Cork
with strap 01/33

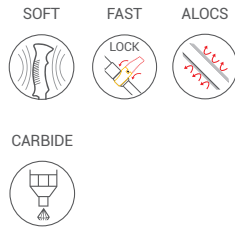
Basket
TR
03/37 F

Tip
Multi Fit + Carbide
05/5 + 08/15
Tip protector 05/7





20 PA



VERTIGO F.L.
700841291 green

Size
254 g / 8.96 oz
64-142cm / 26"-58"

Material
ALU 7075 - Ø 18/16/14mm

Grip
LM36 + Touring

Strap
Adjustable padded

Basket
03/40F small ø35mm
03/51 large ø87mm

Tip
05/51 Carbide
05/34 Tip protector

Optional
Basket - 03/39 ø120



05/34 ø11



03/51 ø87



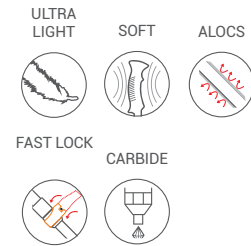
03/40F ø35



OPTIONAL
03/39 FG
ø120



20 PA



VERTIGO LITE TOUR F.L.
700841371

Size
238,5 g / 8.41 oz
63-140cm / 25"-55"

Material
Alu 7075 - Ø 16/14/12mm

Grip
LM36 + Touring

Strap
Adjustable buckle

Basket
03/40F small ø35mm
03/51 large ø87mm

Tip
05/51 Carbide
05/34 Tip protector



05/34 ø11



03/51 ø87



03/40F ø35



lime 700744600



20 PA

SOFT CARBIDE



ALOCS



CILAOS LITE
700744720 Blue

Size
258 g / 9.1 oz
68-142cm / 27"-56"

Material
ALU 6061- Ø 18/16/14mm

Grip
LM36

Strap
Adjustable buckle

Basket
03/50F ø53mm
03/51 large ø87mm

Tip
05/50 Carbide
05/34 Tip protector



05/34 ø11



03/51 ø87



03/50 ø53



20 PA

L.A.S.S. ALOCS



CARBIDE



CILAOS A.S.
700744670 olive

Size
295 g / 10.41 oz
68-142cm / 27"-57"

Material
ALU 6061- Ø 18/16/14mm

Grip
01/43 - Ergo classic

Strap
Adjustable buckle

Basket
03/50F ø53mm
03/51 large ø87mm

Tip
05/50 Carbide
05/34 Tip protector



05/34 ø11



03/51 ø87



03/50 ø53



lime 700744520



20 PA

ALOCS CARBIDE



ALOCS



CILAOS
700744690 ardesia

Size
285 g / 10.05 oz
68-142cm / 27"-57"

Material
ALU 6061- Ø 18/16/14mm

Grip
01/43 - Ergo classic

Strap
Adjustable buckle

Basket
03/50F ø53mm
03/51 large ø87mm

Tip
05/50 Carbide
05/34 Tip protector



05/34 ø11



03/51 ø87



03/50 ø53

NORDIC GLOVES NCS



1



2

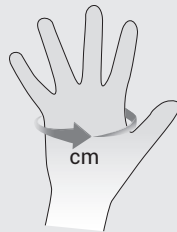


3



4

GLOVES SIZES



cm	inch	size
16-17	6,3"-6,7"	5/5,5 XXS
18-19	7,09"-7,49"	6/6,5 XS
20-21	7,88"-8,27"	7/7,5 S
22-23	8,67"-9,06"	8/9,5 M
24-25	9,46"-9,85"	9/9,5 L
26	10,24"	10/10,5 XL



NCS GLOVES SHORT (1 pair)
801501160 yellow



NCS GLOVES LONG (1 pair)
80150115000 yellow

GRIPS

Ergo Fit
01/45



7901145160004 ø16
7901145180004 ø18

Ergo Lite
01/28



7901281600003 ø16 Blk/Wht
7901281800003 ø18 Blk/Wht

Dual Lite
01/29



7901291601003 ø16
7901291801003 ø18

Dual Tech
01/25



7901251800008 Lime ø18
7901251800003 White ø18
7901251600008 Lime ø16
7901251600003 White ø16
7901251600009 Black ø16

Ergo Classic
01/43



7901431600002 ø16 silver

Mid Size Gummy
01/16



7901101160108 green

Dual Cork
01/37



7901371400001 ø14 black
7901371600001 ø16 black

Walking Dual Cork
with strap
01/33



7901331800092 ø18
7901331600092 ø16

STRAPS

Tech Lite
02/70



79020270004 yellow
79020270002 silver

Fit Link System
02/10 G



7902011000001 B

NCS Adjustable
02/18



7902018000011

Cuneo/ Wedge
07/11



7907110100001

NCS Comfort
02/36



(S)

(M)

(L)

7902024620011 (S)
7902024620012 (M)
7902024620013 (L) (1 pair)

Automatic TCS
Logo
02/11 LG



790201124010101

Comfort XWP
02/2 XWP



7902161303010

Comfort Automatic
TCS
02/63 LG



7902063142802

Jr Adjustable
02/16



7902161303010

TOURING GRIPS

Foam Touring
01/78 - Ø 18
7901781809011



9 cm

Foam Touring
01/81 - Ø 18
790181180211



13 cm

Foam Touring
01/76 - Ø 16
7901761601211



13 cm

Short Foam Touring
01/56 - Ø 16
7901561601001



18 cm

Foam Touring
01/58 - Ø 18
7901581801001



18 cm

BASKETS

Ski Alp
03/54 F Ø90 mm



7903540004010

Mesh
03/39 FG ø120
03/39 FC ø120



7903390004001 FG
7903390004011 FC

S. S. Power
03/27 F Ø90



7903270104010

03/51F
Ø 87 mm



7903510104010

SS. Touring
03/29 F



7903290104010

Trekking Lite
03/24 F
ø55



7903249904010

Power Race
03/1F
ø 50



7903010104010

TR
03/37
ø38



7903370004010

NW
03/40 F
ø35



7903400004010

03/50F/
ø53 mm



7903500104010

TIPS & PAD

Tip Protector
05/36 ø11



79053611101010

Tip Protector
05/34 ø11



79053411101010

Tip Protector
05/7 Ø13



7905071301010

Walking pad XXL
05/27



7905271305010 black
7905271305011 orange
7905271305012 green

Sport pad
05/33



7905331305010 black
7905331305011 orange

Sport pad
05/29



7905291305010

Vario fit + Steel
05/15 + 08/8



7905159800010

Vario Fit + Carbide
05/10 + 08/15



7905109900010

Multi Fit + Carbide
05/5 + 08/15



7905059900010

Ultralight + Carbide
05/15 + 08/15



7905159900010

Carbide Tip
05/50



7905501400010

Carbide Tip
05/51



7905511400010

Aero + Active Carbide
05/44 + 08/5



7905440903010

Aero+Carbide tip
05/43 + 08/15



7905430903010

Aero+Dual Spike
Lite
03/33 + 08/16



7905440816010

LOCKING PARTS

U-Lock Power
06/136 Ø14/12



7906136120001

U-Lock Power
06/137 Ø16/14



7906136140001

U-Lock Power
06/138 Ø18/16



7906136160001

Fast Lock Spring S.F.L.
06/133 Ø14/12



7906133120001

Fast Lock Spring S.F.L.
06/134 Ø16/14



7906134140001

Fast Lock Spring S.F.L.
06/135 Ø18/16



7906135160001

U-Lock Mono
06/43 Ø14/12



7906143120001

U-Lock Mono
06/44 Ø16/14



7906144140001

U-Lock Mono
06/45 Ø18/16



7906145160001

Fast Lock Mono
06/40 Ø14/12



7906140120001

Fast Lock Mono
06/41 Ø16/14



7906141140001

Fast Lock Mono
06/42 Ø18/16



7906142160001

Fast Lock Mono white
06/40 Ø14/12



7906140120003

Fast Lock Mono white
06/41 Ø16/14



7906141140003

Fast Lock Mono white
06/42 Ø18/16



7906142160003

Expander
06/23 Ø12



7906231202219

Expander
06/25 Ø14



7906251402220

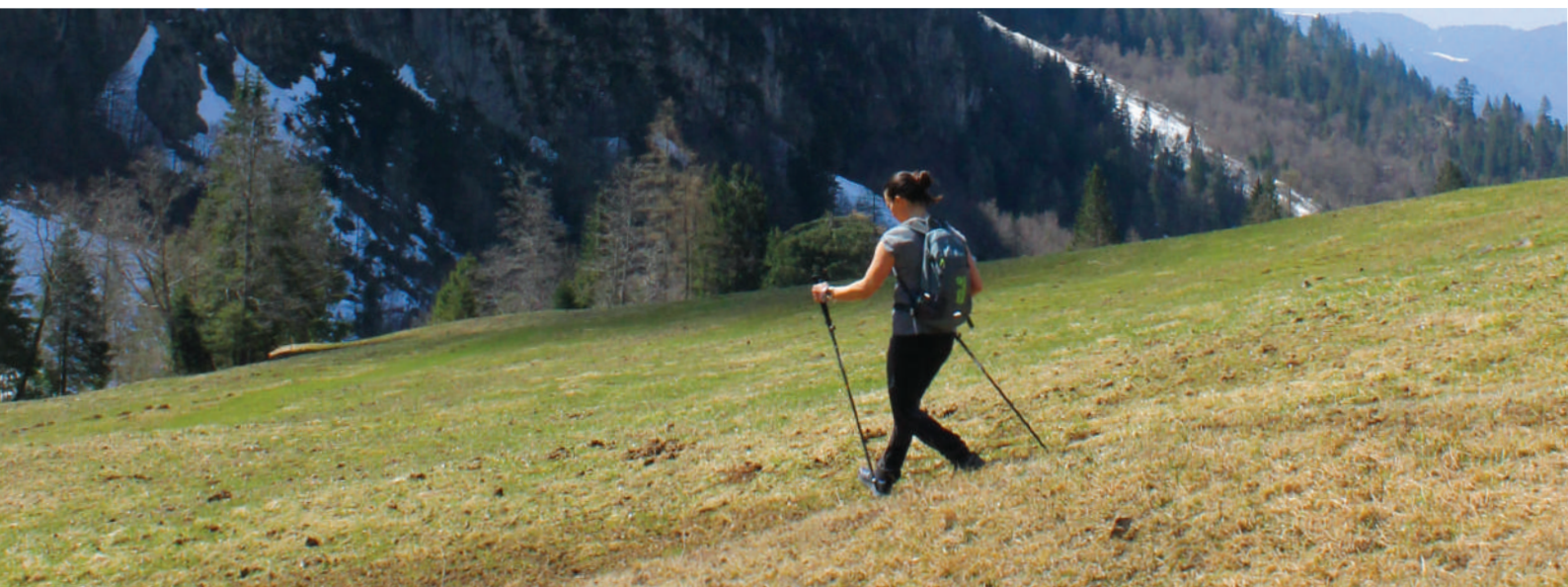
Expander
06/27 Ø16



7906271602220



Twist Lock Cartridge
7906000161401 (1 pair)



DISPLAYS



Floor Display double side - 60 pairs
98/20
B= 50x50cm - H= 1.93cm
79809820006



Floor Display double side - 100 pairs
98/17
B=70x50cm - H= 1.93cm
7980981701000



Floor Display - 36 poles
98/23
B= 45x45cm - H= 5cm
8110000009123



Floor Display - 16 poles
98/22
B= 24x24cm - H= 5cm
8110000009122



Floor Display - 7 poles
98/21
B= 35x35cm - H= 5cm
8110000009121

BAGS



Gabel poles bag 20 Pairs - 18x134x19,5cm - 8009010500001



Gabel poles bag 2 pair - 85x18cm - 8009010500005



Nordic Walking bag 1 pair - 130x12cm - 8009010500002



Wired bag
Size 50x19cm
8009010100009



Adjustable Trekking Bag
Size 75x12cm
black 8009010100007



Stride waist bag - 1 bottle
8009010500101

PROMO



GABEL FLAG
8110000001200 - Size 2m
8110000001201 - Size 4m



Gabel T-shirt Man Black
8110000010110



Gabel T-shirt Woman Black
8110000010106



Gabel Badge Holder
8110000006001



Gabel Banner
8110000001005
Size 300 x 80 cm.



For those who demand lightness and reliability combined with optimal comfort.
The best in the market for rugged use!
 Per chi richiede leggerezza e affidabilità unite ad un comfort eccezionale. migliori nel mercato per usi estremi.
 Für diejenigen, die Leichtigkeit und Verlässlichkeit kombiniert mit sehr gutem Komfort verlangen. Der beste auf dem Markt für einen rauen Einsatz.
 Pour ceux qui demandent la légèreté et la fiabilité avec un confort extraordinaire. Les meilleurs sur le marché pour les utilisations extrêmes.
 Para los que requieren ligereza y fiabilidad unidas a un confort excepcional.



For all those situations that require small size and minimum weight.
Maximum lightweight for exceptional performance.
 Per tutte le situazioni che richiedono peso e dimensioni ridotte al minimo. Massima leggerezza per prestazioni eccezionali.
 Für all diese Situationen in denen ein kleines Packmaß kombiniert mir geringem Gewicht benötigt wird. Ein extremes Leichtgewicht für einen außergewöhnlichen Einsatz.
 Pour toutes les situations qui demandent un poids et des dimensions réduits au minimum. La plus grande légèreté pour des performances extraordinaires.



Ideal for frequent users with a need for reliability, strength and durability.
The most eclectic of all poles is accessible to everyone!
 Uso frequente e bisogno di affidabilità, resistenza e durata nel tempo. Il più eclettico dei bastoncini è accessibile a tutti.
 Ideal für den häufigen Gebrauch und Erfordernis an Verlässlichkeit, Stärke und Haltbarkeit. Der Vielseitigste aller Stöcke, der für Jeden erschwinglich ist.
 Utilisation fréquente et besoin de fiabilité, résistance et durée dans le temps. Le plus éclectique des bâtons est accessible à tous.



The ideal travel companion for all uses and for all seasons, with an eye for the youngest enthusiasts.
 I compagni ideali per tutti gli usi e per tutte le stagioni, con un occhio di riguardo per gli appassionati più giovani.
 Der Ideale Reisebegleiter für alle Anwender und für jede Jahreszeit, auch für jugendliche Enthusiasten.
 Les compagnons idéals pour toutes les utilisations et pour toutes les saisons, avec une attention particulière pour les amateurs les plus jeunes.



When walking requires maximum safety. The indispensable poles to enjoy outdoor life.
 Quando camminare richiede la massima sicurezza. I bastoncini indispensabili per godersi la vita all'aria aperta.
 Wenn beim Walken maximale Sicherheit benötigt wird. Der unverzichtbare Stock um das Leben in der Natur zu genießen.
 Quand marcher demande la plus grande sécurité. Les bâtons indispensables pour profiter de la vie en plein air.

user guide TREKKING

WARRANTY
2
YEARS

Categories	Model Modello-Modell	LEVEL OF USER Livello di utilizzo-Umfang der Nutzung				ELEVATION Inclinazione-Neigung			DURATION OF EXCURSIONS Durata delle escursioni Dauer der Fahrten			WIRED TECHNOLOGY	ANTI IMPACT	Winter use					length open/close cm	length open/close inches	Weight gr	Weight oz
		Moderate	Intense	Pro-expert	Guide	< 15°	15°-30°	> 30°	1-3	3-7	> 7			Snow Shoes	Alpine Touring	Alpine Ski	Back Country	Compact				
Tech	CARBON FORCE FLK																		66-142	26"-56"	217	7.65
	IBEX XTL																		116-135	46"-54"	189	6.66
	IBEX XTS																		105-120	41"-47"	176	6.20
	HYBRID CARBON XTS																		105-125	41"-49"	197	6.94
	HYBRID CARBON XTL																		120-140	47"-55"	212	7.47
	MULTIGRIP CARBON F.L.																		66-144	26"-58"	255	9.00
	FR-5 F.L. LITE XTL																		120-140	45"-54"	260	9.17
FR-5 F.L. LITE XTS																		105-125	42"-50"	243	8.57	
Pro	ESCAPE CARBON XT TOUR A.I.																		65-142	26"-57"	229	8.07
	ESCAPE CARBON TOUR																		65-142	26"-57"	215	7.58
	ESCAPE CARBON LITE TOUR																		59-131	24"-52"	200	7.05
	XTR Carbon EF																		110-130	44"-52"	267	9.41
	FR-3 EF																		110-130	44"-52"	290	10.22
	FR-3 EF white																		105-125	42"-50"	260	9.17
	XTR ALU EF																		110-130	44"-52"	280	9.87
Expert	FUSION WIRED																		61-132	24"-52"	295	10.04
	FUSION CORK-TECH																		68-145	28"-58"	247	8.70
	MONT BLANC TOUR																		66-144	26"-58"	272	9.59
	MONT BLANC 4.0																		66-142	26"-56"	244	8.61
	MONT BLANC 4.0 WHITE																		60-130	24"-52"	220	7.76
Classic	MONT BLANC LITE																		66-144	26"-58"	248	8.74
	ENERGY																		66-108	28"-43"	187	6.59
	EXPLORER WIRED F.L. XTL																		97-110	38"-44"	230	8.11
Walking	EXPLORER WIRED F.L. XTS																		80-95	31"-38"	230	8.11
	VOYAGER A.I.																		56-110	22"-44"	230	8.11
Comfort/Economy	VERTIGO F.L.																		64-142	25"-56"	254	8.96
	VERTIGO LITE TOUR F.L.																		63-140	25"-55"	256	8.7
	CILAOS LITE																		68-142	27"-56"	258	9.1
	CILAOS A.S.																		68-142	27"-56"	295	10.41
CILAOS																			68-142	27"-56"	285	10.05

trekking max loads

The diagrams show the safest maximum axial load (in kilograms and pounds) for the models indicated as a function of extension (in centimeters and inches) and under conditions of correct use (as explained in the Instructions section).

• Under favorable conditions, for a fraction of a second and up to 150 kg (331 lb), the momentary load can exceed the value given by the curves for a given length by up to approximately 20%.

• Although there are cases where the load can exceed 150kg (331 lb), such value should be considered as the practical load limit for safety reasons regarding grips and plastic tips, especially the longer types.

I diagrammi qui a fianco rappresentano il carico assiale massimo (continuo) di sicurezza (in chilogrammi e libbre), per i vari articoli indicati, in funzione dell'estensione (in centimetri e pollici) e sotto le ipotesi d'uso corretto come indicato nel manuale.

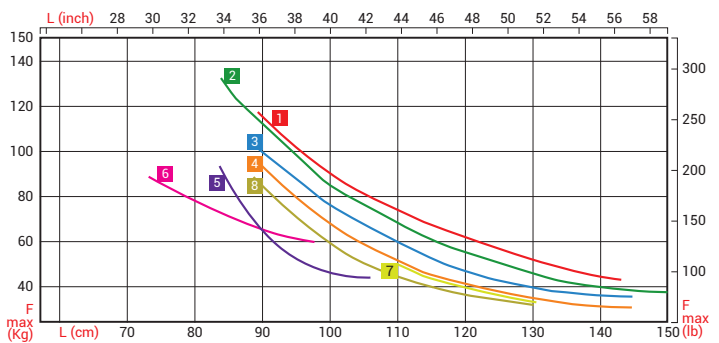
• In condizioni favorevoli, per una frazione di secondo e fino a 150 kg (331 lb), il carico momentaneo può superare di circa il 20% il valore dato dalle curve in corrispondenza ad una data lunghezza.

• Sebbene risultino casi con carico superiore a 150 kg (331 lb), tale valore va preso come limite pratico nell'usonormale, per questioni di margine di sicurezza su manopole e puntali in plastica, specie quelli lunghi.

Die Diagramme zeigen die maximale axiale Belastung (in Kilogramm und Pfund) für die einzelnen Modelle. Abhängig von der jeweiligen Länge (in Zentimeter und Inch). Voraussetzung ist, daß die Stöcke laut Gebrauchsanweisung benutzt werden.

• Unter günstigen Bedingungen kann für einen kurzen Moment und bis zu einem Belastungswert von 150 kg (331 lb) dieser Wert um ca. 20% überschritten werden.

• Die Belastungsgrenze von 150 kg (331 lb) soll wegen der Haltbarkeit der Griffe und Spitzen aus Sicherheitsgründen nicht überschritten werden.



- 1 Carbon Force F.L.K F.L. / Multigrrip Carbon F.L. / Mont Blanc Tour Lite F.L.
- 2 FR-5 F.L. Lite XTL / FR-5 F.L. Lite XTS / Ibex
- 3 Escape Carbon XT Tour A.I. / Mont Blanc 4.0 F.L. / Fusion Cork-Tech
- 4 Vertigo F.L.
- 5 Energy
- 6 Voyager A.I. / Explorer XTS / Passo F.L.
- 7 XTR Carbon F.L. / Fusion Wired / XTR Alu EF / FR-3 EF / FR-3 EF White
- 8 Cilaos Lite / Cilaos / Cilaos A.S. / Vertigo Lite Tour F.L. / Mont Blanc 4.0 Lady F.L.



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